










Heartland Community Schools

# May 2022



<p><b>2</b></p> <p><b>Strawberry Bagel</b></p> <p>Grilled Hotdog Baked Beans Steamed Broccoli</p>	<p><b>3</b></p> <p><b>Cereal</b></p>  <p>Pizza Steamed Corn Jello</p>	<p><b>4</b></p> <p><b>Pancake Wrap</b></p> <p>French Toast Sticks Egg &amp; Sausage Patty 100% Juice Tri Tater</p>	<p><b>5</b></p> <p><b>Blueberry Waffle</b></p>  <p>Enchilidas Green Beans Muffin</p>	<p><b>6</b></p> <p><b>Tornado</b></p> <p>Max Cheese Sticks Marinara Sauce Steamed Peas Ice Cream</p>
<p><b>9</b></p> <p><b>Egg &amp; Cheese Biscuit</b></p>  <p>Tacos Long John Steamed Corn</p>	<p><b>10</b></p> <p><b>Cereal</b></p> <p>Deli Sandwich Chips Cookie</p>	<p><b>11</b></p> <p><b>Muffin &amp; Yogurt</b></p> <p>Sweet &amp; Sour Chicken Steamed Broccoli Brown Rice</p>	<p><b>12</b></p> <p><b>Cinnamon Breadstick</b></p>  <p>Taco Salad Steamed Corn Mini Donuts</p>	<p><b>13</b></p> <p><b>Cherry Frudel</b></p> <p>Popcorn Chicken Scalloped Potatoes Dinner Roll Steamed Peas</p>
<p><b>16</b></p> <p><b>Apple Bosco Stick</b></p>  <p>Sloppy Joe French Fries Ice Cream</p>	<p><b>17</b></p> <p><b>Variety Breakfast</b> (7:45 Breakfast Only)</p> <p>Last Day of School</p> <p><b>NO LUNCH</b></p>			
<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>
<p><b>30</b></p> 	<p><b>31</b></p>			

All grains are whole grain rich.

Fresh Fruit and vegetable bar offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat and fat-free milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.

